

Lishi Class List



West Yorkshire – Leeds Classes

Burmantofts (Gentle Class)

Roscoe Methodist Church
St Agnes Church Hall
25 Shakespeare Close
Leeds, LS9 7 UQ

Day: Thursday
Time: 10:30am to 11:30am
Price: £1.50

Teacher: John Garland
Tel: 0773 702 3097
Email: lishiarts@gmail.com

Chapelton

Roscoe Methodist Church
Francis Street
Leeds
LS7 4BY

Day: Friday
Time: 10:30am to 11:30am
Price: £1.50

Teacher: John Garland
Tel: 0773 702 3097
Email: lishiarts@gmail.com

Garforth

Garforth Squash & Leisure Centre
Ninelands Lane
Garforth
Leeds, LS25 1NX

Day: Thursday
Time: 6:45pm to 7:45pm
Price: £4

Teacher: Phil Winskill
Tel: 01904 415240
E: info@yorkbookbinding.co.uk

Headingley

Our Lady of Lourdes Church Hall
(off Cardigan Road)
Leeds, LS6 1LU

Day: Monday
Time: 7:00pm to 9:00pm
Price: £6 Waged / £5 Conc.

Teacher: Wai-Yii Rogers
Tel: 07930 463571
Email: lishi.wy@gmail.com

Holbeck

St Matthew's Community Centre
St Matthew's Street
Holbeck, LS11 9NR

Day: Thursday
Time: 1:30pm to 2:30pm
Price: £1.50

Teacher: John Garland
Tel: 0773 702 3097
Email: lishiarts@gmail.com

Ilkley

Riddings Hall
Riddings Road
Ilkley, LS29 9LU

Day: Monday
Time: 12:00pm to 1:00pm
Price: Ask Teacher

Teacher: Ian Williamson
Tel: 07863 103 602
Email: ianw99@gmail.com

12 Week Beginners Course:

12th April – 12th July 2010
£72 / £60 concessions
Contact Wai-Yii for details.

Otley

Early Morning Qi Kung Wake Up Session

Main Hall, Civic Centre
Cross Green
Otley
LS21 1HD

Day: Monday
Time: 10:00am to 11:00am
Price: Ask Teacher

Teacher: Ian Williamson
Tel: 07863 103 602
Email: ianw99@gmail.com

Otley

Room 4, Civic Centre
Cross Green
Otley
LS21 1HD

Day: Thursday
Time: 7:00pm to 9:00pm
Price: Ask Teacher

Teacher: Therese Maini
Tel: 07809 447 596
E: therese_maini@hotmail.com

University of Leeds

The Arc - Conference Room
Leeds University Union
Lifton Place
Leeds, LS2 9JT

Day: Tuesday
Time: 7:00pm to 9:00pm
Price: Ask Teacher

Teacher: Sumeet Kumar
Tel: TBC
E: sumeet_kmr@hotmail.com

Lishi Class List



West Yorkshire – Leeds Classes Cont.

University of Leeds

The Arc - Conference Room
Leeds University Union
Lifton Place
Leeds
LS2 9JT

Day: Wednesday
Time: 12:00pm to 1:00pm
Price: Ask Teacher

Teacher: Claire Scollan
Tel: 0113 225 9332
E: claire@go-getter.fsnet.co.uk

University of Leeds (Students Only)

Sports Centre
Leeds University Union
Lifton Place
Leeds
LS2 9JT

Day: Thursday
Time: 1:30pm to 2:30pm
Price: £0 Sport Centre Members
£4 Non Members

Teacher: John Garland
Tel: 0773 702 3097
Email: lishiarts@gmail.com

University of Leeds

The Arc - Conference Room
Leeds University Union
Lifton Place
Leeds
LS2 9JT

Day: Friday
Time: 3:00pm to 5:00pm
Price: £3 Non Members
£2 Members

Teacher: Wai-Yii Rogers
Tel: 07930 463571
Email: waiyirogers@gmail.com

Yeadon

SS Peter and Paul Primary School
Crofters Lea (off New Road)
LS19 7HW

Day: Monday
Time: 7:30pm to 8:30pm
Price: Ask Teacher

Teacher: Pasqualina Marino
Tel: 07888 780 180
Email: lina.lishi@gmail.com

West Yorkshire Classes

Bradford

Grange Interlink
Summerville Road
Bradford
BD7 1PX

Day: Tuesday
Time: 7:00pm to 8:30pm
Price: Ask Teacher

Teacher: Anna Shapira
Tel: 07974 647 717
Email: annashapira@gmail.com

Bradford

Grange Interlink
Summerville Road
Bradford
BD7 1PX

Day: Thursday
Time: 7:00pm to 9:00pm
Price: Ask Teacher

Teacher: Ben Green
Tel: 07525 377 605
Email: lishiben@gmail.com

Bradford (Gentle Class)

Salvation Army Community
Building
Holroyd Hill, Wibsey
Bradford, BD6 1PQ

Day: Tuesday
Time: 9:45am to 10:45am
Price: Ask Teacher

Teacher: John Garland
Tel: 0773 702 3097
Email: lishiarts@gmail.com

Lishi Class List



West Yorkshire Classes Cont.

Bradford

Starting November
TBC

Day: Monday / Tuesday
Time: Daytime TBC
Price: Ask Teacher

Teacher: Ben Green
Tel: 07525 377 605
Email: lishiben@gmail.com

Bradford

Clayton Methodist Church
Clayton Lane
Bradford
BD14 6PA

Day: Monday
Time: 10:00am to 11:00am
Price: Ask Teacher

Teacher: John Garland
Tel: 0773 702 3097
Email: lishiarts@gmail.com

Bradford University

Starting November
TBC

Day: Monday / Tuesday
Time: Daytime TBC
Price: Ask Teacher

Teacher: Ben Green
Tel: 07525 377 605
Email: lishiben@gmail.com

Huddersfield

TBC

Day: TBC
Time: TBC
Price: Ask Teacher

Teacher: Tom O'Leary
Tel: 07809 554827
Email: tomgogetter@o2.co.uk

Keighley

Shared Church Hall
Church Street
Keighley
BD21 5HT

Day: Monday
Time: 2:15pm to 3:15pm
Price: Ask Teacher

Teacher: Ian Williamson
Tel: 07863 103 602
Email: ianw99@gmail.com

Wakefield

Dance Sport Academy
Diamond Business Park
Thornes Moor Road
Wakefield, WF2 8PG

Day: Tuesday
Time: 6:30 to 7:30pm
Price: Ask Teacher

Teacher: John Garland
Tel: 0773 702 3097
Email: lishiarts@gmail.com

Lishi Class List



North Yorkshire Classes Cont.

York Tai Chi for All Burton Stone Community Centre Evelyn Crescent York YO30 6DR Day: Thursday Time: 9:30am to 11:30am Price: £4 Teacher: Iain Keegan Tel: 0785 288 1937 Email: iainkeegan@ntlworld.com	York Introduction to Lishi Briar House Resources Museum Street York YO1 7DN Day: Thursday Time: 12:30pm to 1:30pm Price: £4 Fixed Rate, £1 Taster Teacher: Iain Keegan Tel: 0785 288 1937 Email: iainkeegan@ntlworld.com	York Gentle Daoist Exercise Acomb Methodist Church Hall Front Street Acomb York, YO24 3BX Day: Tuesday Time: 7:30pm to 9:00pm Price: £5 Teacher: Iain Keegan Tel: 0785 288 1937 Email: iainkeegan@ntlworld.com
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York Heworth Church Hall Melrosegate York YO31 0RP Day: Tuesday Time: 7:00pm to 9:00pm Price: Ask Teacher Teacher: Ian Williamson Tel: 07863 103 602 Email: ianw99@gmail.com	York Heworth Church Hall Melrosegate York YO31 0RP Day: Friday Time: 7:00am to 8:00am Price: Ask Teacher Teacher: Ian Williamson Tel: 07863 103 602 Email: ianw99@gmail.com
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South Yorkshire Classes

Barnsley Class for People with Limited Mobility Wilthorpe and Redbrook Community Centre Wilthorpe Road Barnsley, S75 1JF Day: Wednesday Time: 10:30am to 12:30pm Price: Ask Teacher Teacher: Susan Gudjonsson Tel: 0114 255 3516 or 0797 360 7852 E: smg6161@googlemail.com	Sheffield Croft House Settlement Garden Street Sheffield S1 4BJ Day: Tuesday Time: 7:00pm to 9:00pm Price: Ask Teacher Teacher: Susan Gudjonsson Tel: 0114 255 3516 or 0797 360 7852 E: smg6161@googlemail.com	Sheffield Heeley Institute 147 Gleadless Road Heeley Sheffield, S2 3AE Day: Thursday Time: 7:00pm to 9:00pm Price: Ask Teacher Teacher: Paul Lowry Tel: 07740 870848 Email: paulclowry@gmail.com
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North Yorkshire Classes Cont.

Lishi Class List



York
Tai Chi for All

Burton Stone Community Centre
Evelyn Crescent
York
YO30 6DR

Day: Thursday
Time: 9:30am to 11:30am
Price: £4

Teacher: Iain Keegan
Tel: 0785 288 1937
Email: iainkeegan@ntlworld.com

York
Introduction to Lishi

Briar House Resources
Museum Street
York
YO1 7DN

Day: Thursday
Time: 12:30pm to 1:30pm
Price: £4 Fixed Rate, £1 Taster

Teacher: Iain Keegan
Tel: 0785 288 1937
Email: iainkeegan@ntlworld.com

York
Gentle Daoist Exercise

Acomb Methodist Church Hall
Front Street
Acomb
York, YO24 3BX

Day: Tuesday
Time: 7:30pm to 9:00pm
Price: £5

Teacher: Iain Keegan
Tel: 0785 288 1937
Email: iainkeegan@ntlworld.com

York

Heworth Church Hall
Melrosegate
York
YO31 0RP

Day: Tuesday
Time: 7:00pm to 9:00pm
Price: Ask Teacher

Teacher: Ian Williamson
Tel: 07863 103 602
Email: ianw99@gmail.com

York

Heworth Church Hall
Melrosegate
York
YO31 0RP

Day: Friday
Time: 7:00am to 8:00am
Price: Ask Teacher

Teacher: Ian Williamson
Tel: 07863 103 602
Email: ianw99@gmail.com

South Yorkshire Classes

Barnsley
Class for People with Limited Mobility

Wilthorpe and Redbrook
Community Centre
Wilthorpe Road
Barnsley, S75 1JF

Day: Wednesday
Time: 10:30am to 12:30pm
Price: Ask Teacher

Teacher: Susan Gudjonsson
Tel: 0114 255 3516
or 0797 360 7852
E: smg6161@googlemail.com

Sheffield

Croft House Settlement
Garden Street
Sheffield
S1 4BJ

Day: Tuesday
Time: 7:00pm to 9:00pm
Price: Ask Teacher

Teacher: Susan Gudjonsson
Tel: 0114 255 3516
or 0797 360 7852
E: smg6161@googlemail.com

Sheffield

Heeley Institute
147 Gleadless Road
Heeley
Sheffield, S2 3AE

Day: Thursday
Time: 7:00pm to 9:00pm
Price: Ask Teacher

Teacher: Paul Lowry
Tel: 07740 870848
Email: paulclowry@gmail.com

Lishi Class List



Derbyshire Classes

Ashbourne (Gentle Class)

Ashbourne Leisure Centre
Station Road
Ashbourne,
DE6 1AA

Day: Wednesday
Time: 10:30am to 12:00pm
Price: Ask Teacher

Teacher: Monica Baron
Tel: 0114 2662141
Email: m-baron@sky.com

Killamarsh (Gentle Class)

Killamarsh Leisure Centre
Sheffield Road
Killamarsh,
S21 1DY

Day: Wednesday
Time: 1:15pm to 3:00pm
Price: Ask Teacher

Teacher: Monica Baron
Tel: 0114 2662141
Email: m-baron@sky.com

East Midlands Classes

Leicester

Daoist Taichi

Braunstone Leisure Centre,
2 Hamelin Road (off Hinkley Rd)
Leicester, LE3 1JN

Day: Tuesday
Time: 8:00pm to 9:00pm
Price: £5 Waged / £3 Conc.

Teacher: Martin Scott
Tel: 0781 385 2903
E: a.ravenscroft1@ntlworld.com

Leicester

Daoist Wushu

Braunstone Leisure Centre,
2 Hamelin Road (off Hinkley Rd)
Leicester, LE3 1JN

Day: Tuesday
Time: 9:00pm to 10:00pm
Price: £5 Waged / £3 Conc.

Teacher: Martin Scott
Tel: 0781 385 2903
E: a.ravenscroft1@ntlworld.com

Price for Both Sessions:
£6 Waged / £4 Concessions.

Lancashire Classes

Burnley

Burnley Martial Arts Centre
Hammerton Street
Burnley
BB11 1NA

Day: Tuesday
Time: 7:00pm to 9:00pm
Price: Ask Teacher

Teacher: Norman Kennedy
Tel: 0113 226 3176
Email: TBC

Lishi Class List



North East Classes

Newcastle

Eldon Leisure Centre
Eldon Square Shopping Centre
Newcastle
NE1 7XY

Day: Thursday
Time: 6:15pm to 8:15pm
Price: Ask Teacher

Teacher: John Garland
Tel: 0773 702 3097
Email: lishiarts@gmail.com

University of Northumbria

Lipman Sports Hall
Coach Lane, Benton
Newcastle
NE7 7XA

Day: Friday
Time: 11:00am to 12:00pm
Price: Ask Teacher

Teacher: Richard Glancey
Tel: 07784 291671
E: richard.glancey@northumbria.ac.uk

North West Classes

Liverpool

Holy Trinity Church Hall
(Corner of Church Rd / Woolton Rd, Opposite Bluecoat School)
Church Road
Liverpool, L15 9EQ

Day: Monday
Time: 7:30pm to 9:00pm
Price: £5 Waged / £4 Conc.

Teacher: Pamela or Selwyn
Tel: 07808 899333
Email: lishiliverpool@yahoo.co.uk

Manchester

Withington Methodist Church Hall
Wilmslow Road
Withington
Manchester
M20 4AN

Day: Tuesday
Time: 7:00pm to 8:30pm
Price: £5 Waged / £4 Conc.

Teacher: Clive Nunnington
Tel: 0778 616 8801
Email: manchester@lishi.org

Scotland Classes

Edinburgh

St Martins Church
Dalry Road
Edinburgh, EH11 2ES

Day: Monday
Time: 7:00pm to 9:00pm
Price: Ask Teacher

Teacher: Damien Flynn
Tel: 0774 803 8658
E: damien.flynn@firstprog.co.uk

Lishi Class List



London Classes

Dulwich

The Dulwich Constitutional Club
33 East Dulwich Grove
London
SE22 8PW

Day: Thursday
Time: 1:30pm to 3:00pm
Price: Ask Teacher

Teacher: Leslie Newton
Tel: 07786 927035
E: leslie.newton@kpmg.co.uk

Homerton

The Main Hall at Core Arts
1 St Barnabas Terrace
Homerton
London, E9 6DJ

Day: Thursday
Time: 3:30pm to 5:00pm
Price: Ask Teacher

Teacher: Mem Mehmet
Tel: 07981 589881
Email: TBC

Islington

Advanced Class

Elizabeth House
2 Hurlock Street
Islington
London, N5 1ED

Day: Monday
Time: 7:00pm to 9:00pm
Price: Ask Teacher

Teacher: Ralph Rogers
Tel: 07932 001 089
Email: ralph.p.rogers@gmail.com

Pimlico

Beginner's Course Class

Boys Club Hall at St Gabriels Halls
Glasgow Terrace
Churchill Gardens, Pimlico
London, SW1V 3AA

Day: Wednesday
Time: 6:30pm to 8:30pm
Price: Ask Teacher

Teacher: Ralph Rogers
Tel: 07932 001 089
Email: ralph.p.rogers@gmail.com

Southgate

Southgate School Gymnasium,
East Wing, Sussex Way
Cockfosters
London, EN4 0BL

Day: Thursday
Time: 7:00pm to 9:00pm
Price: Ask Teacher

Teacher: Ron Paul
Tel: 07950 179 022
Email: kou5h1k@hotmail.com

Camden

Queens Cresecnt Community
Centre
45 Ashdown Road
London NW5 4QE

Day: Monday
Time: 10:00am to 11:00am
Price: Ask Teacher

Teacher: Vicky Whyte
Tel: 07951 589936
Email: info@universalboardgames.co.uk

European Classes

Odense, Denmark

Paarup Aftenskole
Rugaardsvej 101
Odense V
Denmark

Day: Tuesday - Improvers
Time: 7:00pm to 8:50pm
Price: Ask Teacher

Teacher: Lorna Campbell
Tel: (+45) 30625239
E: lornawoman@hotmail.com

Odense, Denmark

Paarup Aftenskole
Rugaardsvej 101
Odense V
Denmark

Day: Thursday - Beginners
Time: 7:00pm to 8:50pm
Price: Ask Teacher

Teacher: Lorna Campbell
Tel: (+45) 30625239
E: lornawoman@hotmail.com